



How to assess your Leadership Mind-Set® and Choose the Right

One

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An invitation

- 1. Please take a pen and paper
- 2. Divide the paper in two columns
- 3. In the left column: each time you experience "strong feeling!" about something is **right** or **wrong**, **good** or **bad** give yourself 1 point.
- 4. In the right column: each time you experience "strong feeling!" about something and you say: "I am going to think about it" give yourself 1 point.



An invitation





Steps we will follow

- 1. What is the leadership challenge?
- 2. Who are we?
- 3. What is mind-set?
- 4. How do we build our mind-set?
- 5. The containers: Mind-Set = f(mindA, mindB,...)
- 6. What is the link between mind-set and behaviour?
- 7. How do we measure mind-set?
- 8. Which action to choose?



What is leadership challenge?

Leading; inspiring; common good



Who are we?*

I am going to make a series of statements.

- If the statement is <u>true</u> for you, please <u>stand</u>
 <u>up</u>.
 - Otherwise remain seated.



I have a television



I am a television



I have a body



I am a body



I have an ego



I am an ego



I have a soul



I am a soul



Who we are

Soul; complexity

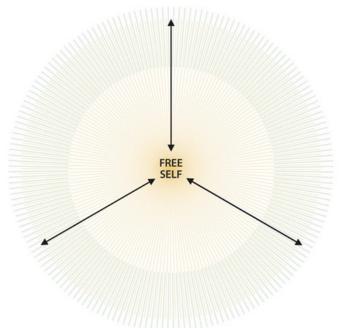


What is mind-set?

Mind: conscious and unconscious adaptive mental activity

Mind-set: mental attitude

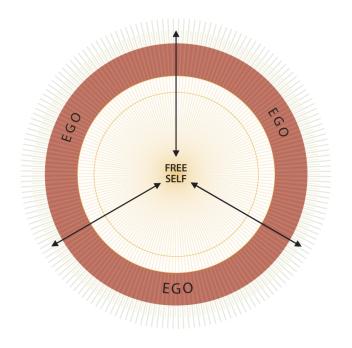




*) adapated from Evolutionary Coaching, Richard Barrett

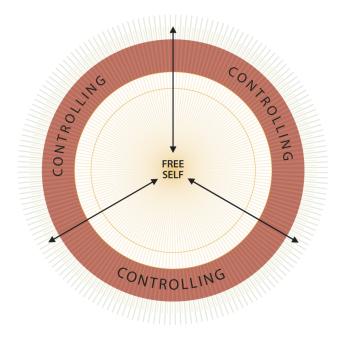
HW: DNA/ Body

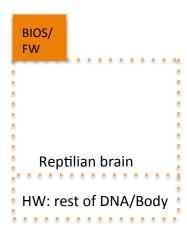




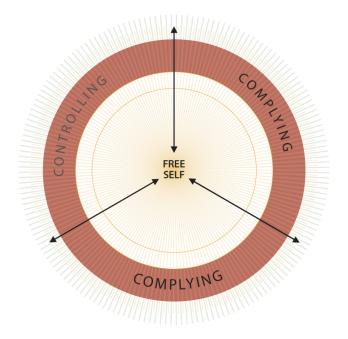
HW: DNA/ Body

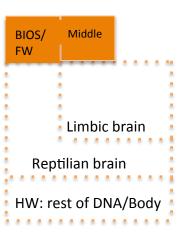




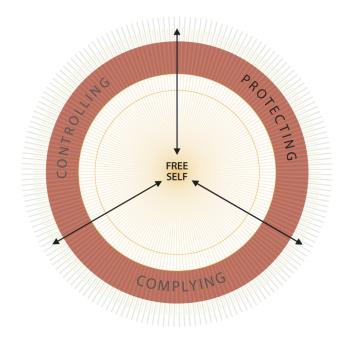


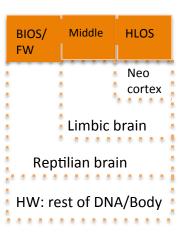






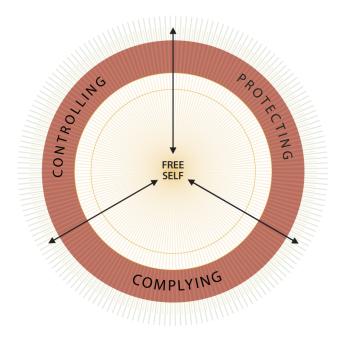


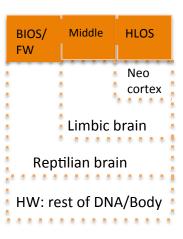






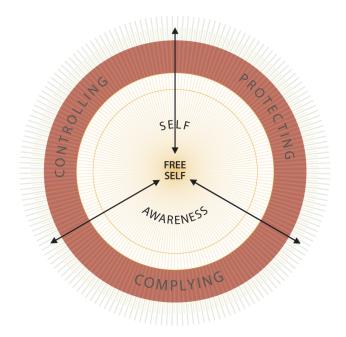
Evolution of mind(s): EGO

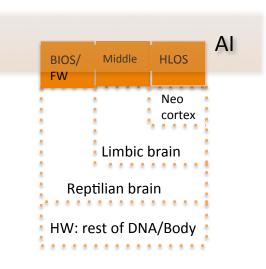




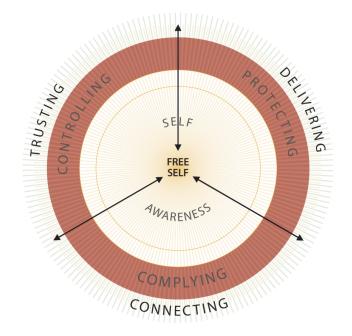


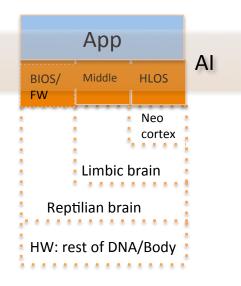
Evolution of mind(s): self-awareness



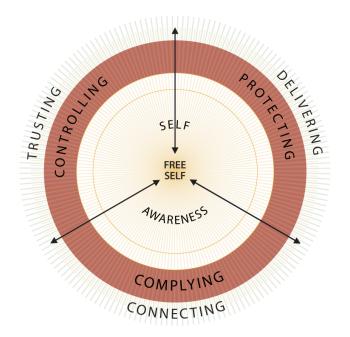


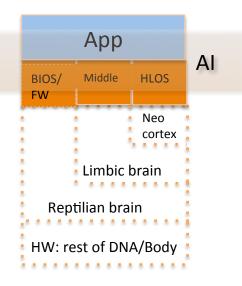












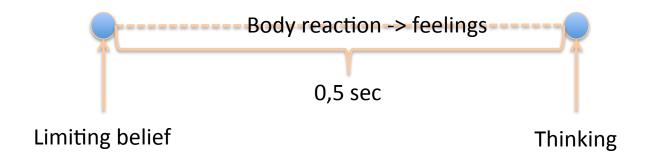


Mind-Set formula

Mind-Set = f(mindA, mindB,...)

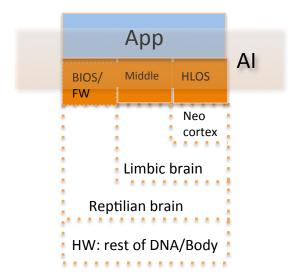


Mind-Set; behaviour



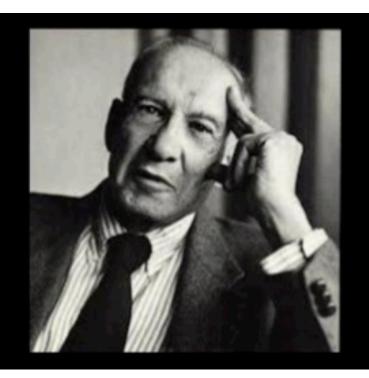


Mind-Set; behaviour override





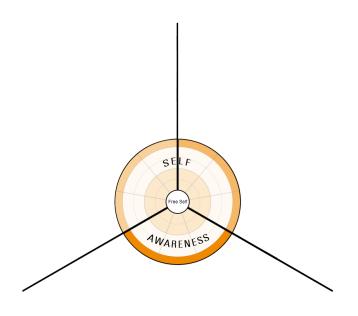
How to assess the mind-set?



"If you can't measure it, you can't manage it"

Peter Drucker

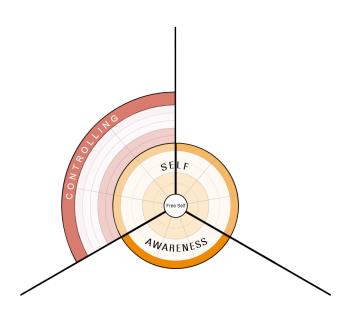




- Mastering Leadership by Anderson and Adams
- Psychology of Human Well-Being by Richard Barrett
- Emotional Intelligence by Daniel Goleman
- Etc.

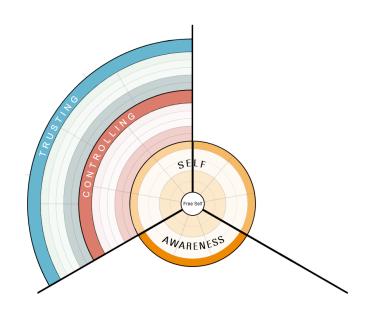


I do not have enough



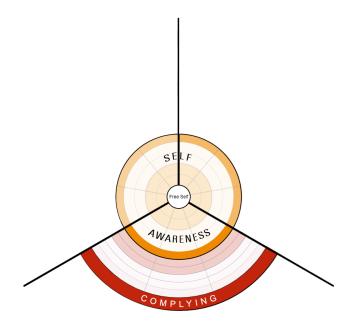


I do not have enough





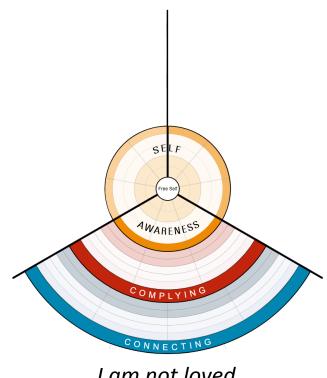
I do not have enough



I am not loved



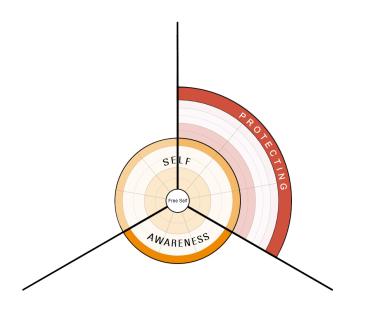
I do not have enough



I am not loved



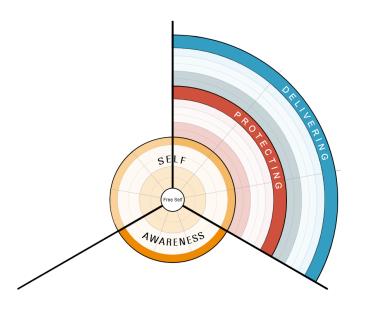
I do not have enough



I am not worthy



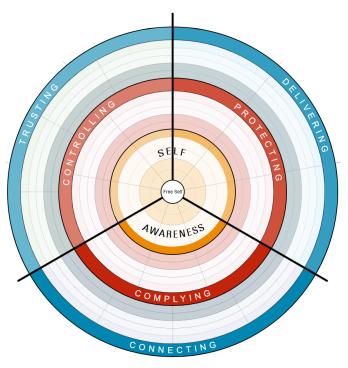
I do not have enough



I am not worthy



I do not have enough



I am not worthy

I am not loved

Two column

- What is your score?
- How can the scoring be helpful?
 - Right/wrong, good/bad may indicate judgement
 - Judgement mostly lies in EGO circle
 - Distinction between judgement and evaluation may serve
- Increased awareness



Thank you

"Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it"

-Rumi



Leadership MindSet®





Please

Remember to rate this session

Thank you!

